# **CHAMONIX EXPERIENCE**

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# **DENT DU GÉANT GUIDED ASCENT**

Duration 2 days Physical level 4/5 Technical Level 3/4 Price from 1890€

Our Dent du Géant guided ascent follows the normal route (graded AD- with fixed ropes or D without), beginning from the Torino Hut. The route is well-equipped with fixed ropes on the steep sections, particularly from the Burgener slabs to the summit at Pointe Sella, making it a manageable yet exciting climb for fit and prepared mountaineers.

# **ITINERARY**

ARRIVAL DAY: Your guide will meet you at our office in Chamonix on the evening prior to the start of the trip. This is a great opportunity to run an equipment check, discuss the itinerary, weather forecast & conditions, and answer any questions you have.

D1 WARM UP AND ACCLIMATISATION CLIMB: Take the Skyway Monte Bianco cable car to Punta Helbronner (3,462 m). Acclimatisation climb on the Aiguilles d'Entreves ridge. Night in the Torino hut.

D2 ASCENT OF THE DENT DU GEANT (4013M): An early alpine takes us over snow and ice beneath the striking Aiguilles Marbrées, then up a steep section of mixed terrain to reach the Col du Géant. From here, we tackle the normal route on the southwest face, a celebrated granite line featuring solid holds and fixed ropes on the steeper pitches. Expect sustained, exhilarating rock climbing up to Grade IV+ (5.7), with dramatic exposure and awe-inspiring views. We aim for the Pointe Sella, the higher of the peak's two summits, where a 360-degree panorama of the Mont Blanc massif and surrounding peaks rewards your efforts. The descent involves multiple rappels down the face, followed by a return across the glacier. We arrive back at Punta Helbronner in the afternoon and descend via the cable car to Courmayeur, completing a truly unforgettable alpine experience.

As with all mountain activities, this itinerary is dependent on weather and mountain conditions and therefore may change. It may also be adapted to the group level.

# **PRICE DETAILS**

2026: The price per person is 1890€.

Included in trip package:

- · 2 days of guiding
- · 1 night in mountain huts with breakfast and dinner
- · Lift passes as per the itinerary
- Transport as per the itinerary
- · Group safety equipment
- · Office based support

Not Included in the trip package:

- · Drinks, lunches and snacks in huts
- Personal equipment
- · Accommodation in Chamonix
- Travel to Chamonix
- · Mountain rescue and travel insurance (covering course cancellation for any reason)

#### **DATES**

This climb is usually possible between June and September, depending on weather/mountain conditions. Please contact us for availability.

# **EQUIPMENT**

- Neck protection (buff)
- · Warm hat
- Fleece layers (better to carry several thin layers than thick bulky ones, to allow you to adjust your clothing according to temperature, weather and activity)
- · Light down jacket
- Wind & waterproof jacket (Gore-Tex or similar breathable material with a hood, a shell jacket is good)
- Thick gloves (insulated warm gloves or mitts, gloves make it easier to fiddle with climbing gear but mitts tend to be warmer)
- Thin gloves (a fleece wind stopper glove with reinforced palms gives better grip)
- · Long sleeved shirt
- · Gaiters (to keep snow out of your boots, best if they are made of a breathable material)
- Climbing trousers ideally soft shell material.
- · Mountaineering boots
- Ice axe (normal mountaineering/walking axe, should be 50-70cm depending on your height)
- Harness (with adjustable leg loops to fit over your waterproof trousers and jacket)
- Crampons (12 point clip-on crampon recommended; anti-balling plates are a must, plus safety traps)
- · 20 litre climbing rucksack
- · Screwgate carabiner x 3
- Walking poles (folding or telescopic so that you can pack them away when not in use)
- Climbing helmet (should be big enough to fit over your hat)
- · Belay device
- · 60cm tape sling or cordelette for prusik
- Lanyard
- Sunglasses (factor 4)
- Water bottle (ideally 2 x 1 litre bottles)
- Sun cream (high factor 50+ for lips and face)
- Headlamp (with fresh batteries)
- Ear plugs (not essential but useful when trying to sleep in mountain huts)
- Sleeping bag liner (not a sleeping bag!)
- · Anti-bacterial hand sanitiser

#### **PHYSICAL & TECHNICAL REQUIREMENTS**

To join this ascent, you must have prior mountaineering experience, including confident use of crampons and ice axe on snow and ice terrain. You should be comfortable following rock climbs at grade of minimum 4c / 5a while wearing mountaineering boots. Experience with multi-pitch climbing techniques is required. You must be experienced in belaying a lead climber, managing rope systems, and abseiling/rappelling safely.

A high level of physical fitness is required. This is a physical ascent at high altitude, and participants must be prepared for a long, demanding day in alpine conditions. If you would like a training plan specific to mountaineering, we recommend <a href="Uphill Athlete">Uphill Athlete</a>.

# **ACCOMMODATION**

This trip includes 1 night in a mountain hut, with breakfast and dinner.

We do not include accommodation prior to or after this trip, but can organise it for you on request.

# **HUTS**

The high alpine huts are one of the big attractions to mountaineering or trekking in the Alps. They allow us to enjoy the mountains with only light packs and without having to worry about meals or finding somewhere to sleep! Most huts have only very basic facilities.

Sleeping arrangements are in mixed sex dormitory-style rooms with bunks. Washing facilities are limited and generally there is no running water in any of the huts although this may vary in some huts. There are basins in which you can use bottled water to wash the best you can and clean your teeth, but they are NOT generally in private cubicles and

are mixed sex. Toilets are generally septic-tank type (non-flushing) and again mixed sex. You need to be prepared for simple living in the huts and appreciate they are located at high altitude and in inhospitable terrain.

Breakfasts and evening meals are served by the guardian and his team and the food is usually nourishing and filling. Beer, wine, soft drinks and snacks are also available to buy. All food and drink in the huts is delivered by helicopter and consequently prices will be high e.g. around 10€ for a 1.5litre bottle of still water.

There are a few basic hut 'rules' that you need to follow so that you (and your fellow climbers) have a pleasant stay:

- 1. On arriving at the hut you must take off your boots and leave these together with your ice-axe, crampons in the foyer. Be sure to store these carefully as the hut is likely to get very busy and you'll need to find all your kit in the morning rush!
- 2. House slippers are provided and must be worn in the hut Your guide will register you with the guardian and will assign you your bunk.
- 3. Follow the instructions of your guide and keep requests to the guardian and his team to a minimum they are usually very busy sorting out groups, cooking meals, keeping the hut clean.
- 4. In the morning your guide will often want to leave early be sure to have all your kit ready to go the night before. Be organised and everything will be much easier!
- 5. It is recommended to bring ear-plugs for the nights but make sure that you get up on time!

#### **FOOD**

Breakfast and dinner are provided by the hut, on the night that we stay there.

If you have food allergies or specific dietary requirements—especially if you're Coeliac (gluten-free) or have a dairy allergy—we strongly advise bringing additional food to supplement your hut meals. While huts generally cater well to vegetarians, they are less equipped for other dietary needs.

Huts can provide a basic packed lunch (typically bread, salami, cheese, and chocolate), but it's important not to rely solely on this option. We recommend bringing snacks to take into the mountains: cereal bars, dried fruit and nuts, chocolate, sweets, or your favourite trail mix. Huts do sell these items but can be expensive and stock may be limited. It is important to eat in between meals to maintain your energy levels throughout the day.

# **OUR GUIDES**

On this trip, we will take a maximum of 1 client per guide. All the guides for this trip are IFMGA qualified and English speaking.

# **DOCUMENTS**

Mountain search and rescue and repatriation insurance is mandatory on all our trips. We highly advise you to also have a travel insurance policy covering the cost of medical treatment and to protect the value of your trip in the event of cancellation or curtailment. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary. You will need to bring your ID with you.

#### **SPENDING MONEY**

The package price includes transport between Chamonix and Italy, lift passes, 1 night in a mountain hut with breakfast and dinner, and 2 days of guiding. You will need to allow an amount for lunches, drinks and snacks. Please note that you will need to have € in cash when paying for items at the huts, as they cannot always take payment by bank card. Your guide will advise you how much you need; there are numerous cash points in Chamonix.

# TRANSPORT DURING THE COURSE

All transport during the course, as outlined in the itinerary, is included in the price. When travelling to Italy and back your guide will take you in their car.

#### **BAD WEATHER AND CONDITIONS**

If the weather forecast is poor or the conditions are not favourable, your guide will propose an alternative plan. We have France, Italy, and Switzerland within reasonable driving distance and many peaks to choose from. Please note that additional transport costs may apply if we go further afield.

Weather and mountain conditions are variables which sometimes force climbers to change the objective of the trip – this is normal in the world of mountaineering - we do not offer reschedule or refund in these cases.

# **BOOKING AND CANCELLATION**

Please send us an enquiry stating your preferred dates and your previous mountaineering experience. We will require 30% deposit to confirm your booking. The remaining balance is due 12 weeks prior to the start of the trip.

# **ALTERATION OR CANCELLATION POLICY**

Mountain Activities are subject to unpredictable factors: weather, snow conditions, terrain, participant fitness, etc. Chamonix Expérience and the Instructor cannot be held liable.

They are also not responsible for strikes, illness, government actions, lift/refuge closures, or force majeure.

To ensure safety or respond to unforeseen circumstances, the Activity may be changed or cancelled at any time.

- If modified by Chamonix Expérience or the Instructor: A new adapted program will be proposed at no extra cost. If the Participant does not meet required ability levels, the original price may still apply.
- If cancelled by the Participant: Notice of cancellation must be given in writing or email to Chamonix Experience SARL and will be effective when it is received by Chamonix Experience SARL. The following cancellation charges apply (percentage of total price of course or activity):
  - a) More than 90 days before start date: Loss of deposit (30% of total price)
  - b) Less than 60 days before start date: 100% of total price

If you wish to change the date of your course or activity more than 90 days before the start date there is a 100€ administration fee plus any costs related to the booking and reschedule (e.g. hut deposits, hotel costs). No amendment is possible within 90 days of the course or activity start date unless agreed otherwise with Chamonix Experience SARL.

Chamonix Experience SARL reserves the right to cancel any course if there are insufficient group numbers. If the course you have booked is cancelled you will be given 30 days notice and the opportunity to change your course date at no extra charge. Chamonix Experience SARL will give a full refund if other course dates are unsuitable (less 1.5% if paid by credit card).

If you can not continue a course or activity for whatever reason (e.g. personal issues, insufficient physical or technical level, illness / injury, etc.) at any stage during the course or activity, you are not entitled to any refund.

Please read our <u>TERMS & CONDITIONS</u> carefully before booking your trip. These are also available to download from this webpage.